



# Holistic Health – Wellbeing – Vitality

Frequencies for Your Life

[www.healyworld.net](http://www.healyworld.net)

Healy Watch is intended to support vitality and well-being, and is not a substitute for medical advice, which can only be provided by a medical professional. The physiological measurements displayed on Healy Watch and in the Healy Watch App are designed to help you develop healthier habits and meet your fitness and wellness goals, to guide you in using the programs available in your Healy, and to alert you to information that may make a consultation with a healthcare provider appropriate.

The Healy Individualized Microcurrent Frequency programs are intended solely for harmonization of the Bioenergetic Field. No claims are made that Healy Watch or Healy Watch App readings are diagnostic of the presence or absence of any medical conditions.



# Healy Watch

## Healy Watch App

### Watch Connector Module

## The Healy Watch

# Know Your Body.



- Controlled via the Healy Watch App, connected via Bluetooth.
- Can be used with or without Healy.
- Uses state-of-the-art technology for:



- Measurement of your physiological parameters
- Exercise and sports
- Sleep\*
- Breath
- Lifestyle

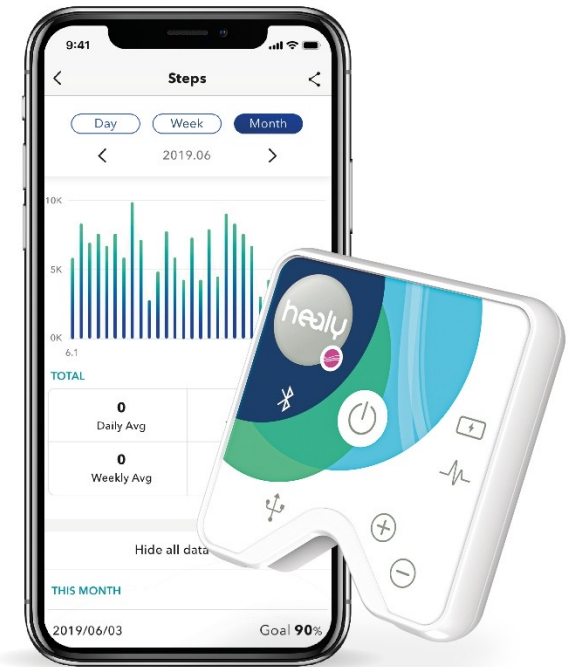
\* Not intended for diagnosis or treatment of sleep disorders



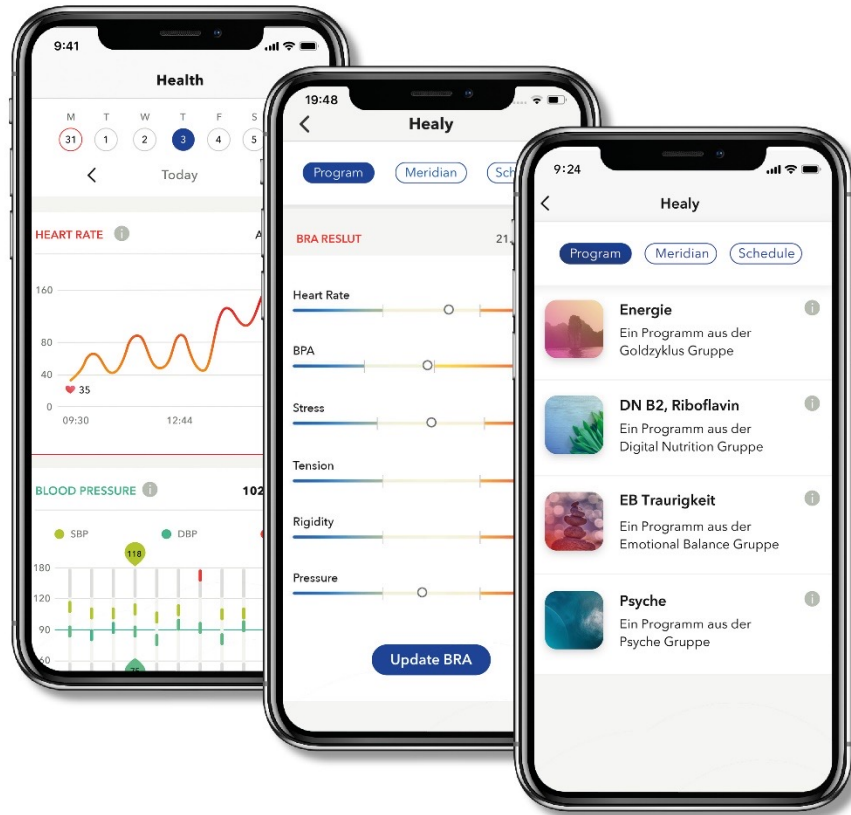
Finding the Body-Mind-Soul Balance.

# Finding Suitable Healy Programs.

- The Healy Watch App makes Healy a closed feedback system for body and mind.
- It analyzes the coherence of your Bioenergetic Field. Quickly and easily.
- It determines which Healy Individualized Microcurrent Frequency (IMF) programs are best for you at any given moment to support harmonization of your Bioenergetic Field.



# Measuring - Analyzing - Finding Programs



- 1 **Measuring**
  - Latest hardware - provides precise measurements.
- 2 **Analyzing**
  - Sophisticated algorithms from leading international experts help you track your progress toward your fitness goals
- 3 **Determine Frequency Programs**
  - Selection of the most appropriate Healy IMF programs for harmonization of your Bioenergetic Field

# Measuring



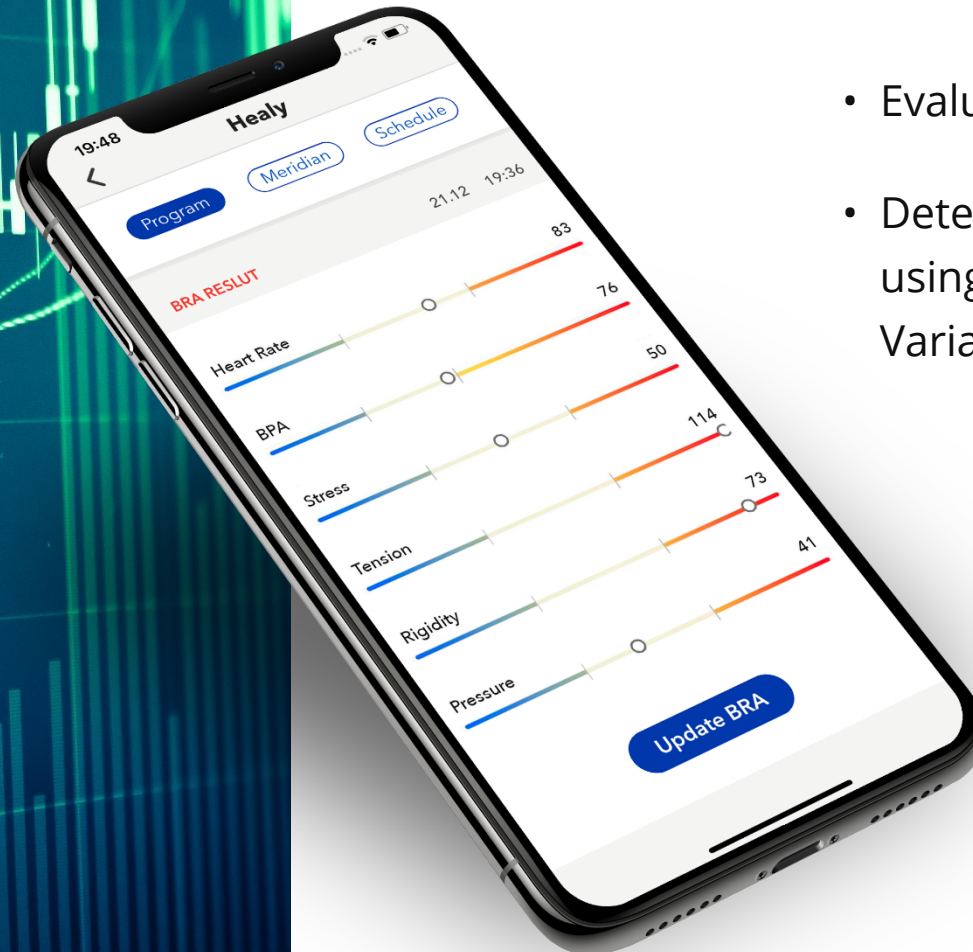
The measurement data is then analyzed to find the frequencies that help you relax, reduce stress and support your fitness goals. The Healy Watch App creates an IMF program schedule for your Healy according to the expert database.

- Bioenergetic Rhythm Analysis (BRA)\*\*
- Heart Rate Variability (HRV)\*\*
- Heart rate\*\*
- Stress level\*\*
- Sleep: deep sleep, light sleep\*\*
- Sleep heart rate, sleep quality\*\*

\*\* Not intended for diagnosis or treatment. The Healy IMF programs are intended solely for harmonization of the Bioenergetic Field.



# Analyzing

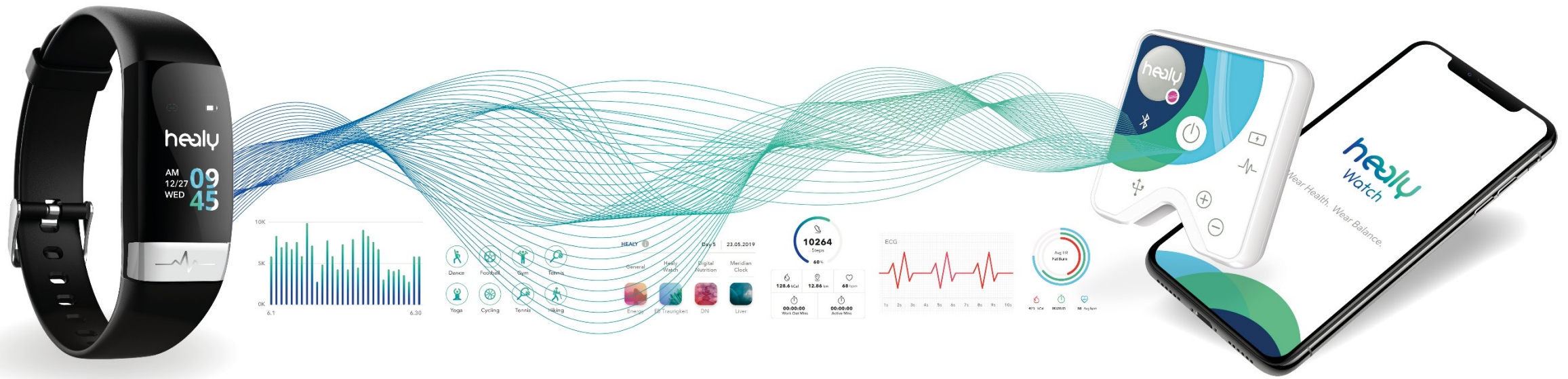


- Evaluation by expert algorithms
- Determination of 6 balance parameters using measurements and Heart Rate Variability



# Finding Healy Individualized Microcurrent Frequency Programs

- The connection between two outstanding systems
- Makes the Healy Watch "talk to" Healy
- Creates frequency program suggestions from the existing Healy frequency programs
- 2 program pages with 24 special additional frequency programs
- Monthly subscription, always up-to-date\*\*\*



\*\*\*Requires monthly subscription. Your subscription will auto-renew monthly.  
You can cancel your subscription prior to the date it renews to avoid being charged for the next month

# The Organ Clock



- The 12 Healy Watch Meridian IMF Programs
- The organ clock always provides the right IMF program to support harmonization of the Bioenergetic Field of the organ active at that time of day (based on Traditional Chinese Medicine)

# Digital Lifestyle Wearable

- A watch with high precision automatic synchronization
- Checking incoming messages: calls, SMS, WhatsApp, WeChat, Facebook, etc.
- Vibration alarm
- Music player control
- Weather report
- Phone search
- Timer
- SOS function<sup>1</sup>



<sup>1</sup>Sends an alert to the emergency contact number you have previously defined.

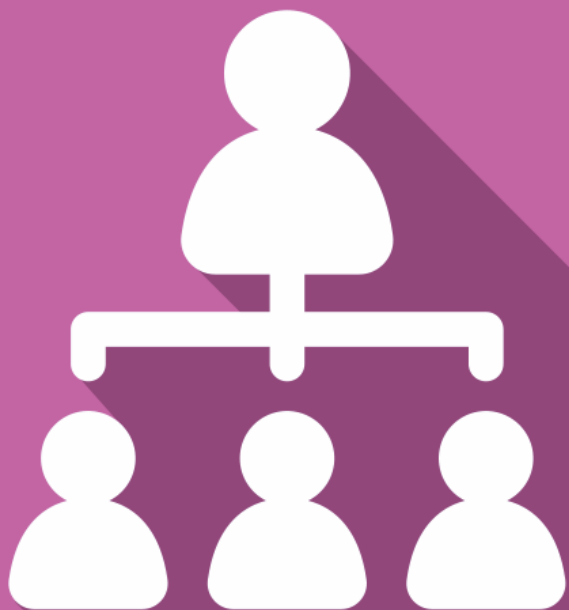


# The SOS Function

- Quick help in emergencies
- Quick and easy: long press on the control button
- SOS function sends an emergency message with your location to your predefined emergency contact via SMS







**Seize the Opportunity. Today. Now!**